Supernatural, author’s choice, “After your death, you will be what you were before your birth.” (Arthur Schopenhauer)

G, Castiel introspection and his thoughts on being dead twice. I like it, as it's got some musings on death in general as well. (aka If you read anything from this post, read this.)

Oct. 20th, 2010 07:38 am (UTC)

Castiel has died twice. He has seen and felt what it means to die. The second time he died, he knew that it was a real death not because Lucifer had destroyed him, but because it was the same as the last time.

(It is difficult to explain death while alive.)

He marvels at being alive, at having *form* and *thought* and most importantly, *motion*.

Death is stillness.

(Turn off the lights. Turn off the music, soundproof the room. Stand in the room without anywhere to lean and do not move. Hold your breath. Slow your heart. Remain there in the silence and dark and do not move. That is the closest to death you can get without getting grievously injured or dying.)

Castiel won't stop moving. He can't. Dean notices. Dean asks him why he's fidgeting.

"I am not dead," He tells him.

Dean gives him a weird look and tells Castiel that he still confuses him.

Castiel keeps fidgeting and moving and thinking and feeling because it is what being alive is like.